

Teens: Leadership

"A good leader takes a little more than their share of the blame, a little less than their share of the credit." – Arnold H. Glasow



Warm up

- What do you think of the quote above?
- Have you ever had a leadership role in school or sports? How did you feel about it?
- Would you like to be a leader in a job or team someday? Why or why not?
- Who is a leader you admire, and what qualities do you like about them?
- What qualities do you think make someone a good leader?



1. What do you think are some common challenges leaders face?





2. What would you do in these situations? Choose your answers and compare.

1. Handling a Team Conflict Scenario: *Two members of your team are arguing during a group project, and it's starting to affect everyone's work.*

- A) Ignore the argument and keep working.
- B) Talk to each person separately to understand their side and then discuss it with the whole team.
- C) Have the team vote on which member should leave.
- D) Tell them to stop arguing and just focus on their tasks without discussing the issue.



2. Motivating an Unenthusiastic Team Scenario: *Your team seems unmotivated and is missing deadlines. You need to find a way to make them more excited and get them working better.*

- A) Give them more work to push them to do better.
- B) Ignore the problem and focus on your own tasks.
- C) Talk to the team to find out what's wrong and work together to fix it.
- D) Reduce their responsibilities and hope they feel better.

3. Making a Tough Decision Scenario: *You have to choose between two important projects. Both are important for your team's success.*

- A) Pick the project you like better.
- B) Choose the project with fewer risks.
- C) Ask your team for their opinions and decide based on their feedback.
- D) Delay the decision until someone else decides.

4. Giving Constructive Feedback Scenario: *One of your team members is not doing well and needs feedback to do better.*

- A) Criticize their work in front of the team to show the problem.
- B) Don't give feedback and hope they get better on their own.
- C) Give positive and negative feedback in private and offer support to improve.
- D) Give positive feedback on what they do well.



3. Read and follow the instructions below.

- Think about what makes a great Football Captain, CEO, and Political Leader. Each role has unique challenges and requires different qualities
- Pick 5 traits you think are the most important for each role.
- Share your choices with the class, explaining why each trait is important for the role.
- Compare the traits for each role. Look for any similarities or differences.

Football Captain

supportive	patient	brave	flexible	sense of humour
confident	energetic	punctual	empathetic	good communicator
friendly	organised	collaborative	honest	good time management

CEO

supportive	patient	brave	flexible	sense of humour
confident	energetic	punctual	empathetic	good communicator
friendly	organised	collaborative	honest	good time management

Political Leader

supportive	patient	brave	flexible	sense of humour
confident	energetic	punctual	empathetic	good communicator
friendly	organised	collaborative	honest	good time management

- Did any of your classmates pick traits that surprised you? Why were you surprised?
- Are there any traits you think are important that no one mentioned? What would you add?
- Which traits do you think you already have?
- Did any of your classmates' choices make you think differently about what makes a good leader? How?

Giving Advice

When you give advice using verbs like suggest, recommend, or advise, you often use the gerund form of the verb (the "-ing" form).

For example:

- Suggest: "I suggest planning the event early."
- Recommend: "We recommend inviting a local band."
- Advise: "I advise focusing on the decorations first."

Why do we use the gerund?

After these verbs, you use the gerund when you talk about actions or activities that are being proposed or recommended. It's a common structure in English when expressing advice or suggestions.



4. Read and follow the instructions below.

1. Sophie is feeling exhausted and her grades are dropping as she tries to balance her schoolwork and a part-time café job.

I suggest creating a schedule to balance schoolwork and your job.

2. Liam's two best friends are fighting, and now they both want him to take sides. He doesn't want to lose either friend but feels stuck in the middle.

I recommend talking to both friends separately and encouraging them to resolve the issue.



3. Ryan spends hours on social media every day and feels anxious when he's not checking his phone. It's starting to affect his sleep and mood.

I suggest limiting your social media use and finding other activities to enjoy offline.

- Mia's friends are pressuring her to go to a party where there will be alcohol and no adults. She doesn't feel comfortable, but she's afraid her friends will judge her if she says no.

I recommend not going to the party and suggesting an alternative activity.

- James has an important essay due in a few days, but he can't seem to start working on it. He keeps getting distracted by other things and now feels stressed about finishing on time.

I advise breaking the essay into smaller sections and working on one part at a time.

- Sara has noticed that her friend Emily has been distant lately, and she thinks Emily might be upset with her. However, she's unsure how to approach the conversation.

I suggest approaching Emily privately to ask if everything is okay

- Lucas is feeling overwhelmed by his responsibilities—schoolwork, extracurricular activities, and preparing for exams. He's starting to feel burnt out.

I recommend prioritizing your responsibilities and taking breaks to avoid burnout.



5. Read and follow the instructions below.

Scenario: Your friend Jack is organizing an end-of-year school event and is having a hard time. He has a budget of 2000 euros and one month to prepare. He is finding the project difficult to manage and has asked you for help.

Problems:

- Different Ideas:** Team members are fighting about different ideas for the event. Some want a dance party, while others prefer a talent show.
- Motivation:** Some team members are excited and working hard, while others are lazy and not helping much.
- Responsibilities:** There are fights about who should do what. Some team members want to handle decorations, but no one wants to manage the food.



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