

Alcohol

Warm up:

- Do you have a favourite alcoholic drink? What is it?
- Is there any type of alcoholic beverage that you really hate?
- Do you prefer red or white wine?
- Do you drink with family members?
- When was the first time you got drunk?
- What do you do if you have a hangover?
- What type of bars and nightclubs do you prefer?
- What advice would you give someone who is just about to reach the legal drinking age?
- When was the last time you were tipsy?



1. Match the pictures below with the vocabulary in the box

a shot *e)* a keg of beer *d)* a cocktail *a)* a pint of beer *c)* spirits *f)* liqueur *b)*

a)



b)



c)



d)



e)



f)





4. Below are seven quotes from people talking about the drinking culture in their countries. Match the quotes to the countries.

Japan	Australia	Spain	England	Italy	Belgium	America
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1. "Consuming alcohol revolves around food here, and wine is served with almost every meal. We drink often, but we drink in moderation. Drinking until you are wasted is not so common here." *Italy*
2. "The binge-drinking among young people gets out of control. A lot of university students routinely get black-out drunk on the weekends, even though many of them are under 21." *America*
3. "People here often drink with their colleagues after work. There's a stereotype of businessmen chugging beers and sake with their bosses, but honestly it's usually not so over the top. Technically the drinking age is 20, but bartenders never ask for I.D" *Japan*
4. "Unfortunately binge-drinking is more or less glorified here, and many people drink without eating, so they end up out of control. There's also a problem with alcohol and violence, a problem we seem to have inherited from the British." *Australia*
5. "It's quite common here to have a "liquid lunch" in your lunch break, usually a beer followed by a brandy with some tapas, and then drive back to work. I don't mind people drinking in their work break, but drink-driving is a real problem here." *Spain*
6. "Beer is sold in every kiosk, and many supermarkets have an open bottle of wine that you can help yourself to. However, although many people get tipsy throughout the day, being openly drunk in public is socially unacceptable." *Belgium*
7. "People here either drink a lot or not at all. Unlike a lot of other European countries, we usually don't just have a sip of wine with every meal. It's also very common to do a "pub-crawl" here. Basically, you have a few drinks at one pub, then move on the next, and the next, and so on. Obviously this usually ends in a very messy evening." *England*



5. Write down a few sentences describing the drinking culture in your country. What is the legal drinking age? What is socially acceptable? What do you like and dislike about the drinking culture in your country?

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 6. Below are 4 basic stages of intoxication. With a partner discuss what each stage feels like, and what some of the physical effects are.

Tipsy

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Drunk

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Wasted

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Black-out Drunk

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7. You are going to watch a video about the different stages of intoxication. The video uses the vocabulary in the box. Use the vocabulary to complete the sentences.

inappropriate	slurred	blurred
impair	vomit	unconscious

- a) Alcohol can seriously *impair* your coordination and reaction times.
- b) It's pretty *inappropriate* to wear shorts to work at my job.
- c) I hate pickles, even just the smell of them makes me want to *vomit*.
- d) I need my glasses, my vision is extremely *blurred* without them.
- e) He was *unconscious* for several minutes after hitting his head.
- f) The bouncers didn't let him into the club because his speech was *slurred*.



8. Watch [“What do we feel at different stages of intoxication”](#)¹ and answer the questions.

- a) What does “B.A.C” stand for? *Blood Alcohol Concentration*
- b) What are 3 things that might happen with a B.A.C of 0.05-0.06? *warmth, relaxation, sedation, talking more, less inhibited*
- c) What part of your brain is responsible for inhibitions? *Frontal lobe*
- d) What is the legal driving limit for alcohol in Australia? *0.05*
- e) At what B.A.C does your hearing and vision become impaired? *0.07-0.09*
- f) At what B.A.C would most people pass out? *0.30*



9. Optional task/homework: research a cocktail recipe, write down the basic recipe, and describe the recipe to your class. Some possible searches to find recipes could be “summer cocktails”, “easy cocktails at home” or “cocktails with gin.”

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¹ https://www.youtube.com/watch?v=zSKsSrXXj7E&ab_channel=TheConversation