

Alcohol

Warm up:

- Do you have a favourite alcoholic drink? What is it?
- Is there any type of alcoholic beverage that you really hate?
- Do you prefer red or white wine?
- Do you drink with family members?
- When was the first time you got drunk?
- What do you do if you have a hangover?
- What type of bars and nightclubs do you prefer?
- What advice would you give someone who is just about to reach the legal drinking age?
- When was the last time you were tipsy?



1. Match the pictures below with the vocabulary in the box

a shot a keg of beer a cocktail a pint of beer spirits liqueur

a)



b)



c)



d)



e)



f)



 **2. Read the quotes about alcohol and discuss them. Which do you agree with the most? Which do you find most amusing?**

"A man's true character comes out when he's drunk." -*Charlie Chaplin*

"I drink to make other people more interesting." - *Ernest Hemingway*

"I may be drunk, Miss, but in the morning I will be sober and you will still be ugly." - *Winston Churchill*

"Hangovers are the body's way of asking: 'What were you thinking?'" - *Susan J Anderson*

"Here's to alcohol, the cause of, and solution to, all life's problems." -*Homer Simpson*

"I'm very serious about no alcohol, no drugs. Life is too beautiful." - *Jim Carrey*

"Drink because you are happy, but never because you are miserable." - *G.K Chesterton*

"Trust me, you can dance!" -*Alcohol*

"One martini is alright, two is too many, three is not enough." - *James Thurber*

"Some people are extroverts only when they are drunk." - *Mokokoma Mokhonoana*

"Greasy food is the only true cure for a hangover" - *Cameron Diaz*



3. Match the phrases on the left with their meaning on the right.

- | | |
|----------------------|--|
| a) It's on me | 1. A drink with ice |
| b) here's to | 2. Extremely drunk |
| c) designated driver | 3. A group of alcoholic drinks, usually paid for by one person |
| d) a round of drinks | 4. I will pay for this |
| e) on the rocks | 5. Drinking more alcohol to cure a hangover |
| f) wasted | 6. A person who stays sober to drive their friends home |
| g) hair of the dog | 7. Let's drink to this person or idea |





4. Below are seven quotes from people talking about the drinking culture in their countries. Match the quotes to the countries.

| | | | | | | |
|-------|-----------|-------|---------|-------|---------|---------|
| Japan | Australia | Spain | England | Italy | Belgium | America |
|-------|-----------|-------|---------|-------|---------|---------|

1. "Consuming alcohol revolves around food here, and wine is served with almost every meal. We drink often, but we drink in moderation. Drinking until you are wasted is not so common here."
2. "The binge-drinking among young people gets out of control. A lot of university students routinely get black-out drunk on the weekends, even though many of them are under 21."
3. "People here often drink with their colleagues after work. There's a stereotype of businessmen chugging beers and sake with their bosses, but honestly it's usually not so over the top. Technically the drinking age is 20, but bartenders never ask for I.D"
4. "Unfortunately binge-drinking is more or less glorified here, and many people drink without eating, so they end up out of control. Unfortunately there's also a problem with alcohol and violence, a problem we seem to have inherited from the British."
5. "It's quite common here to have a "liquid lunch" in your lunch break, usually a beer followed by a brandy with some tapas, and then drive back to work. I don't mind people drinking in their work break, but drink-driving is a real problem here."
6. "Beer is sold in every kiosk, and many supermarkets have an open bottle of wine that you can help yourself to. However, although many people get tipsy throughout the day, being openly drunk in public is socially unacceptable."
7. "People here either drink a lot or not at all. Unlike a lot of other European countries, we usually don't just have a sip of wine with every meal. It's also very common to do a "pub-crawl" here. Basically, you have a few drinks at one pub, then move on the next, and the next, and so on. Obviously this usually ends in a very messy evening."



5. Write down a few sentences describing the drinking culture in your country. What is the legal drinking age? What is socially acceptable? What do you like and dislike about the drinking culture in your country?


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 6. Below are 4 basic stages of intoxication. With a partner discuss what each stage feels like, and what some of the physical effects are.

Tipsy

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Drunk


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Wasted

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Black-out Drunk

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 7. You are going to watch a video about the different stages of intoxication. The video uses the vocabulary in the box. Use the vocabulary to complete the sentences.

| | | |
|---------------|---------|-------------|
| inappropriate | slurred | blurred |
| impair | vomit | unconscious |

- a) Alcohol can seriously your coordination and reaction times.
- b) It's pretty to wear shorts to work at my job.
- c) I hate pickles, even just the smell of them makes me want to
- d) I need my glasses, my vision is extremely without them.
- e) He was for several minutes after hitting his head.
- f) The bouncers didn't let him into the club because his speech was



8. Watch [“What do we feel at different stages of intoxication”¹](#) and answer the questions.

- a) What does “B.A.C” stand for?
- b) What are 3 things that might happen with a B.A.C of 0.05-0.06?
- c) What part of your brain is responsible for inhibitions?
- d) What is the legal driving limit for alcohol in Australia?
- e) At what B.A.C does your hearing and vision become impaired?
- f) At what B.A.C would most people pass out?



9. Optional task/homework: research a cocktail recipe, write down the basic recipe, and describe the recipe to your class. Some possible searches to find recipes could be “summer cocktails”, “easy cocktails at home” or “cocktails with gin.”

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¹ https://www.youtube.com/watch?v=zSKsSrXXj7E&ab_channel=TheConversation