

## Cooking



### 1. Match the underlined word to the pictures on the following page:

1. Begin kneading the *dough*, pushing it down and then outward, only using the heels of your hands. *Fold* the dough in half toward you and press down.
2. Chopped parsley can be sprinkled on a host of different recipes, including salads, bread, vegetables and grilled fish.
3. Pour in the whiskey, lemon juice, and sugar syrup.
4. Grate Parmersan cheese into your pasta
5. Boil half a litre of water in a *kettle*.
6. Continue frying the eggs in the same pan.
7. Cover the pot and *reduce* heat to medium; *simmer* until vegetables are soft, 25-30 minutes. Stir in yogurt and sugar; remove from heat.
8. When ready to assemble the sandwich, *carve* the steak into thin slices. Starting with the bottom of the *loaf* spread butter on each slice of bread, build up with half the lettuce leaves, then a generous spreading of mayonnaise, half of a tomato, then a layer of sliced steak.
9. Whisk some of the milk into the *batter*. It will get thinner. Keep adding milk and flour alternately until you've added it all.
10. Wash potatoes and peel the potatoes.
11. Heat oil in a deep-fryer or large saucepan to 135 degrees C. Gently add the potatoes in the hot oil and deep-fry for about 5 minutes, stirring and flipping the potatoes occasionally.
12. Stir-fry your favorite meats with vegetables in a wok.



### 2. Create sentences or explain the meaning of the words in italics in ex.1:

*For example: If the dough is sticky, add more flour.*

| Vocab        | Example Sentence: |
|--------------|-------------------|
| Dough (n)    |                   |
| Fold (v)     |                   |
| Kettle (n)   |                   |
| Reduce (v)   |                   |
| Simmer (v)   |                   |
| Carve (v)    |                   |
| Loaf (n)     |                   |
| Batter (v/n) |                   |

|                                                                                     |                                                                                     |                                                                                       |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 1. boil                                                                             | 2. whisk                                                                            | 3. sprinkle                                                                           |
|    |    |    |
| 4. fry                                                                              | 5. stir                                                                             | 6. knead                                                                              |
|   |  |   |
| 7. deep-fry                                                                         | 8. spread                                                                           | 9. pour                                                                               |
|  |  |  |
| 10. peel                                                                            | 11. grate                                                                           | 12. stir-fry                                                                          |
|  |  |  |



### 3. Put an example of a food which matches the adjective:

|           |  |         |  |
|-----------|--|---------|--|
| salty     |  | stale   |  |
| sour      |  | flaky   |  |
| bitter    |  | crumbly |  |
| bland     |  | juicy   |  |
| tangy     |  | moist   |  |
| rich      |  | tender  |  |
| rancid    |  | tough   |  |
| smokey    |  | gooey   |  |
| spicy/hot |  | greasy  |  |



### 4. Discuss the following questions with your partner:

- Are you a good cook? How often do you cook and what kinds of food?
- Have you ever baked something? How did it turn out?
- Have you ever prepared finger food? Was it for a party?
- What are some traditional dishes from your country? Can you explain how to make them?
- Is there something you didn't like as a child but like now?
- Do you prefer sweet or savoury food?
- Are you a fussy eater?
- Have you ever eaten something strange? What was it? Did you like it?
- Do you like food from other countries? What kind?



### 5. Read the recipe below. What is it for?

In a medium bowl, mix together the sugar and butter. Whisk in the eggs, one at a time, then stir in the vanilla. Combine flour and baking powder, add to the mixture and mix well. Finally stir in the milk until batter is smooth. Pour or spoon batter into the prepared pan. Bake for 30 to 40 minutes in the preheated oven. **A cake**