

What is Alba doing?

Present Continuous
be + verbing

We can use the present continuous to talk about what we are doing now: *in the moment of speaking*.

To make a present continuous we use the verb BE (am/is/are) and the verb+ing.
For example: 1. I am reading. 2. Peter is sleeping. 3. The children are eating.

- When a verb end in -e, drop the 'e'.
For example: bake + ing = baking.
- When a one-syllable verb ends in vowel (a,e,i,o,u) + consonant, double the final consonant and add "-ing".
For example: "sit + ing = sitting".



1. Put the sentences below into the *Present Continuous*:

The Verb BE
I am
you are
he/she/it is










we are
you are
they are

1. Peter and Jack _____ (ride) their bike.
2. "Sorry, Emily can't come out to play. She _____ (sleep)."
3. The dog _____ (bite) his bone.
4. The children _____ (sit) on the floor.
5. The cats _____ (drink) their milk.
6. Jane _____ (play) video games with her brother.
7. Diana and Vicky _____ (cook) fish.
8. "You _____ (eat) all of the chocolates!"
9. Jack _____ (drive) too fast.
10. We _____ (swim) in the swimming pool.
11. We _____ (watch) TV.
12. Jess _____ (sing) in the shower.



2. What are the people below doing? Put the sentences into Present Continuous:
 For example: Jane is brushing her teeth.

do yoga walk water plants cook food do the laundry
have a shower have breakfast brush her teeth get up

<p>1. Jane</p> 	<p>2. Emily</p> 	<p>3. Anne</p> 
<p>4. Jennifer</p> 	<p>5. Peter</p> 	<p>6. Alice</p> 
<p>7. Joe and Vanessa</p> 	<p>8. John</p> 	<p>9. Paul</p> 

 **3. It's Saturday. Alba is meeting Jack in London for their first date. Look at Alba's day plan and answer the questions below:**

7:30 am Get up	2:40 pm Do the laundry
7:15 am Brush my teeth	4:00pm Buy a train ticket for London on the internet
7:30 am Do yoga	5:15 pm Pack backpack and get dressed
08:00 am Have breakfast	5:45 pm walk to the train station
10:20 am Watch favourite TV show	6:05 pm Get the train to London
12:00 pm Cook lunch , water plants	7:00 pm Meet Jack at Café Paris!!

1. It's noon. What is Alba doing?
2. It's four o'clock in the afternoon. What is Alba doing?
3. It's half past seven in the morning. What is Alba doing?
4. It's five past six in the evening. What is Alba doing?
5. Alba is walking to the train station. What time is it?
6. Alba is getting dressed. What time is it?
7. Alba is brushing her teeth. What time is it?
8. Alba is doing yoga. What time is it?
9. Alba is doing laundry. What time is it?
10. Alba is meeting Jack. What time is it?

Learn about Present Simple and find out how Jack and Alba's date went on the next worksheet: *3. Jack & Alba: The First Date.*